



It's Not Who I Am

www.itsnotwhoiam.com

September 30, 2011

Vol. 6 ISSUE 11

Sara's Strikes for Seizures

Come one, come all, to our new fundraising event, Sara's Strikes for Seizures! It'll be held on November 19th, 2011 at the Hoebowl Bowling Center from 11am to 1pm.

Along with the fun on the lanes, there'll be a silent auction, where we'll be auctioning off some great collectables and merchandize. In addition, we'll be holding a Bowling Pin Decorating Competition, which

will be judged by the Kingston Kohls "A-Team". The top three teams will be awarded the coveted Sara's Strikes Trophies! For our musical entertainment, Sean Thompson from Mix 97.7 will be our DJ for the day.

I would like to remind everyone that lane space is limited, and you can pre-register for the event on our SECURE SITE, www.itsnotwhoiam.com.

The first annual Sara's Strikes for Sei-

zures will be a fun filled day for the entire family. And, as always, the proceeds will benefit the It's Not Who I Am Fund, a certified fund of the Community Foundation of the Hudson Valley. Your donations to support this event will go towards epilepsy educational services in the Hudson Valley.

Hope to see you all on November 19th at the Hoebowl Bowling Center in Wappinger Falls.

The Anita Kaufmann Foundation

Chair member of the It's Not Who I Am Epilepsy Fund, Ann-Marie Bezuyen is now working with the Anita Kaufmann Foundation. While I have many wonderful things about this charitable organization, I knew very little about it. Here are some of the things I learned about their mission:

The Foundation was founded by Anita Kaufmann who, after having a seizure in a vacation spa and was asked to leave, wanted to stop the discrimination against this disorder and prove that epileptics can lead normal and successful lives.

The programs that have spouted from Anita are phenomenal! The majority of her programs go towards educating fifth graders, since she determined that at this age children are still open-minded. In the program, kids learn about what epilepsy is through posters, pictures and more to get the point across and eliminate the stigmas associated with it.

As this Foundation is such a worthy cause, we will be adding it to our list of groups we support through the It's Not Who I Am Epilepsy Fund. Please visit Anita Kaufmann and learn more about her life and legacy at www.akfus.org.



Q: What should I consider if there has been only a single seizure?

A: When a child or adult has never had a seizure before, the first seizure is usually followed by a careful medical evaluation to help the doctor decide whether to recommend treatment with seizure-preventing drugs, or to wait and see whether it occurs again. The most important factor in deciding whether to begin drug treatment for a single seizure is the probability of further seizures. Physicians use both diagnostic tests and careful evaluation of the seizure itself to determine how likely it is that the patient may have more seizures in the future. Age, family history, and possible causes of the seizure are among the factors that are considered. Non-medical issues, such as loss of driver's license or worries about impact on employment, may also enter into the decision. In many cases, the doctor will recommend waiting to see if another seizure occurs before beginning treatment.

Quote of the Month: "I feel my heart break to see a nation ripped apart by its greatest strength: Its diversity." – Melissa Etheridge

Sara's Strikes for Seizures 2011



November 19, 11a.m.-1p.m.

(Lane Assignments begin at 10:30 a.m.)

Hoebowl Bowling Center

1677 Route 9

Wappingers Falls, New York

Enjoy an afternoon of bowling as we all sponsor the "It's Not Who I Am – Epilepsy Fund" and raise awareness and donations to support services throughout the Hudson Valley.

BOWLING: We have room for 36 teams consisting of four or five bowlers each. Your \$25.00 per person donation includes: **TWO GAMES, SHOE RENTAL, AND A SLICE OF PIZZA OR A HOT DOG AND A SOFT DRINK.** Register early—space is limited!

NOT BOWLING?: Come join the fun and cheer on your friends and family with a \$5.00 Side-Lane Pass (this includes a slice of pizza or a hotdog and a soft drink). No reservations required—pay at the door.

SPONSORSHIP: Please consider sponsoring a lane for "Sara's Strikes for Seizures". Your personal message or company name, address and /or phone number will be displayed. Lane sponsorship includes a sign posted at a lane for everyone to see and you may bring your promotional material which can be displayed at the check-in table for distribution. Each Sponsorship Sign is a \$100.00 Donation.

DECORATE THE PIN CONTEST (TEAM ACTIVITY): Reserve your Bowling Pin today! For an additional \$10.00 donation, your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – you supply the imagination! Trophies will be awarded to the top THREE designs at 12:45pm! *Pin Decorating Suggestion: We will supply the markers, but you are not limited to this. Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination.*

TO REGISTER: *Per-Registration for Sara's Strikes for Seizures is required. Please visit www.itsnotwhoiam.com to complete your registration from. Teams must be paid in full to be considered registered.*

Sponsored by:

The It's Not Who I Am Epilepsy Fund

'I will not let my epilepsy define me!'

A fund of the Community Foundation of the Hudson Valley



Sara's Strikes For Seizures

OUR HOST
Hoebowl Bowling Center
 1677 Route 9, Wappingers Falls, New York

Enjoy an afternoon of bowling as we all sponsor the 'It's Not Who I Am—Epilepsy Fund' and raise awareness and donations to support educational services throughout the Hudson Valley.



Saturday, November 19, 2011
 Check In Begins At 10:30 a.m.
 The Pins Start To Fall At 11am
 \$25/PERSON - 4 or 5 PERSON TEAMS
 INCLUDES 2 GAMES, SHOE RENTAL, AND A
 SLICE OF PIZZA OR A HOT DOG
 AND A SOFT DRINK

Team Contact: _____
 Address: _____

Phone Number: _____
 Email Address: _____
 Team Name: _____

Team Captain: _____
 Team Member: _____
 Team Member: _____
 Team Member: _____
 Team Member: _____

Lane Sponsorship: Please consider sponsoring a lane for "Sara's Strikes for Seizures". Your personal message or company logo will be displayed at one of our lanes for the day. Lane Sponsorship includes a sign posted at a lane for everyone to see, and we will display your promotional material at the check-in table for distribution.

Lane Sponsorship Message: _____

Decorate the Pin Contest (Team Activity): Reserve your Bowling Pin for an additional \$10.00 donation. Your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – *Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination.* Trophies will be awarded to the top THREE designs at 12:45pm!

Mail registration And payment to: The Community Foundation P.O. Box 3045 Kingston, NY 12402-3046	No. of Bowlers:	_____	at \$25.00 each	_____	Total
	Lane Sponsorship:	Yes No	Lane(s) at 100.00 each	_____	Total
	Pin Contest:	Yes No	\$10.00 each	_____	Total
				_____	Grand Total

This registration form is for CHECK payment only, checks should be made out to:
 The Community Foundation of the Hudson Valley (Note: Its Not Who I Am Epilepsy Fund in the memo field).
 To register using a credit card please visit www.itsnotwhoiam.com and click on the 'Strikes for Seizures' tab.

Questions? Please contact Sara-Elizabeth at sara-elizabeth@itsnotwhoiam.com



It's Not Who I Am

THE IT'S NOT WHO I AM ADVISORY COUNCIL

Chairwoman: Sara-Elizabeth Clark

Ann Marie Bezuyen
Robert Bomba
Shawn Clark
Tanya Yuro-Clark

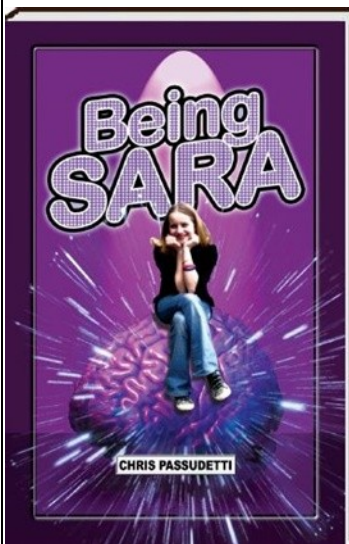
Our Mission

"It's Not who I Am" promotes the idea and belief that nothing is impossible and I will not let my epilepsy define me as a person.

I ask that no one judge a person wrongly because they have epilepsy or anything else that makes them different, but to embrace them as we can learn something new from them and their personal experiences.

Order your own copy of Being Sara

Visit The Epilepsy Foundations Website Store at:
<http://shop.epilepsyfoundation.org/store/p/862-Being-Sara.aspx>
to purchase your copy of "Being Sara"!



Product Details

Author: Chris Passudetti
Cover Type: Paperback
Pages: 71
Publish Date: 8/1/2009
ISBN: 1-934713-90-2

Product Description

Growing up, Sara Elizabeth Clark struggled with a serious brain disorder that made even the simplest activities extremely difficult.

Now a healthy teenager, Sara hasn't mastered the art of predicting the future, but she has done some pretty incredible things. Whether starring in a local play, appearing in a commercial or even auditioning for a Hollywood movie, Sara is well on her way to making her red carpet dreams come true. But what she's accomplished as an epilepsy activist is probably the most amazing thing about Sara. She is one teenager who knows exactly who she is and plans on making a difference simply 'Being Sara'.

To Order by phone, call
1-866-330-2718 (24 hours a day)

Would you like to make a donation to the It's Not Who I Am—Epilepsy Fund?

Yes, I would like to make a donation to the It's Not Who I am—Epilepsy Fund in the amount of:

\$25.00 \$50.00 \$100.00 \$250.00 \$500.00 Other \$ _____

Name _____ Card# _____ Amount _____

Card Type: VISA MASTER CARD Exp Date _____ 3 Digit Control Number _____

Mailing Address _____ City _____ State _____

Signature _____

Please make check payable to: The Community Foundation of the Hudson Valley—The It's Not Who I Am Epilepsy Fund.

Check and this form should be mailed to: The Community Foundation of the Hudson Valley, P.O. Box 3046, Kingston, NY 12402-3046

Or on-line at: www.cfdcn.org