



November is **National Epilepsy Awareness Month**  
It's Time to *Talk About It!*



**“Be proud to be called different—I am. We can all hold our heads high and *Talk About It!* There is nothing to be embarrassed or ashamed of.”**

**- Sara-Elizabeth Clark**

Kids Speak Up! participant Sara-Elizabeth Clark was diagnosed with epilepsy when she was 16 months old. A writer and advocate, Sara-Elizabeth is a young leader who does not let epilepsy define who she is. For more information about epilepsy, visit [www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)