

# It's Not Who I Am

[www.itsnotwhoiam.com](http://www.itsnotwhoiam.com)

October 12, 2011

Vol. 6 ISSUE 12

## Sara's Strikes for Seizures

Come one, come all, to our newest fundraising event, Sara's Strikes for Seizures! It is being held on November 19th, 2011 at the Hoebowl Bowling Center in Wappinger Falls, New York from 11am to 1pm.

Along with the fun on the lanes, there'll be a silent auction, where we'll be auctioning off some great collectables and merchandize. In addition, we'll be holding a Bowling

Pin Decorating Competition, which will be judged by the Kingston Kohls "A-Team". The top three teams will be awarded the coveted Sara's Strikes Trophies!

I would like to remind everyone that lane space is limited, and you can pre-register for the event on our SECURE SITE, [www.itsnotwhoiam.com](http://www.itsnotwhoiam.com).

The First Annual Sara's Strikes for Seizures will be a fun filled day for the

entire family and a great opportunity to meet new friends. The proceeds will benefit the It's Not Who I Am Fund, a certified fund of the Community Foundation of the Hudson Valley. Your donations to support this event will go towards epilepsy educational services in the Hudson Valley.

Hope to see you all on November 19th at the Hoebowl Bowling Center in Wappinger Falls.

## We Need Your Support!

Sara's Strikes for Seizures is only four weeks away and we still have lanes available.

Please consider supporting epilepsy educational services by sponsoring a lane with your companies 8"x11" logo or ad. The cost for the ad is only \$100.00 per sign and we will also display your promotional material on November 19!

Bowlers are still being sought. If you are unable to come up with a team of four to five people go ahead and sign up with as many as you can and we will form a team for you on the 19th, what a great way to meet new people!

We are still accepting donations for prizes for our silent auction also being held on November 19 at the event. Please email Sara-Elizabeth@itsnotwhoiam.com if you would like to donate an item for the auction. We appreciate everyone's support!

Together we can make a difference. I hope to see everyone on November 19, at Sara's Strikes for Seizure at the Hoebowl Bowling Center in Wappinger Falls.

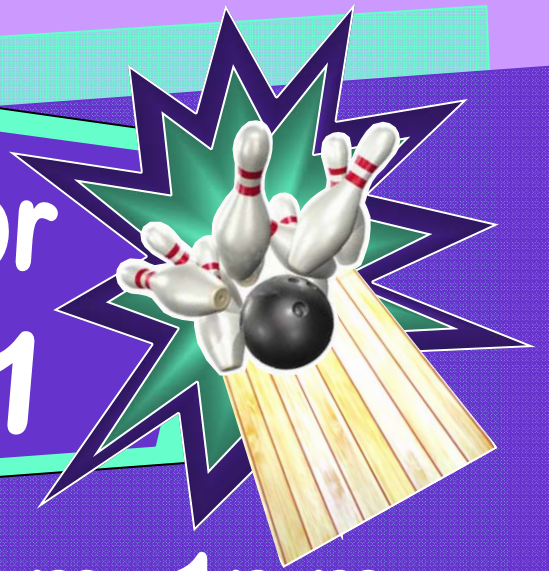


**Q: What causes epilepsy?**

**A:** In about seven out of ten people with epilepsy, no cause can be found. Among the rest, the cause may be any one of a number of things that can make a difference in the way the brain works. For example, head injuries or lack of oxygen during birth may damage the delicate electrical system in the brain. Other causes include brain tumors, genetic conditions (such as tuberous sclerosis), lead poisoning, problems in development of the brain before birth, and infections like meningitis or encephalitis. Epilepsy is often thought of as a condition of childhood, but it can develop at any time of life. About 30 percent of the 125,000 new cases every year begin in childhood, particularly in early childhood and around the time of adolescence. Another period of relatively high incidence is in people over the age of 65.

Quote of the Month: "The future depends on what we do in the present." – Mahatma Gandhi

# Sara's Strikes for Seizures 2011



November 19, 11a.m.-1p.m.

(Lane Assignments begin at 10:30 a.m.)

Hoebowl Bowling Center

1677 Route 9

Wappingers Falls, New York

Enjoy an afternoon of bowling as we all sponsor the "It's Not Who I Am – Epilepsy Fund" and raise awareness and donations to support services throughout the Hudson Valley.

**BOWLING:** We have room for 36 teams consisting of four or five bowlers each. Your \$25.00 per person donation includes: **TWO GAMES, SHOE RENTAL, AND A SLICE OF PIZZA OR A HOT DOG AND A SOFT DRINK.** Register early—space is limited!

**NOT BOWLING?:** Come join the fun and cheer on your friends and family with a \$5.00 Side-Lane Pass (this includes a slice of pizza or a hotdog and a soft drink). No reservations required—pay at the door.

**SPONSORSHIP:** Please consider sponsoring a lane for "Sara's Strikes for Seizures". Your personal message or company name, address and /or phone number will be displayed. Lane sponsorship includes a sign posted at a lane for everyone to see and you may bring your promotional material which can be displayed at the check-in table for distribution. Each Sponsorship Sign is a \$100.00 Donation.

**DECORATE THE PIN CONTEST (TEAM ACTIVITY):** Reserve your Bowling Pin today! For an additional \$10.00 donation, your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – you supply the imagination! Trophies will be awarded to the top THREE designs at 12:45pm! *Pin Decorating Suggestion: We will supply the markers, but you are not limited to this. Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination.*

**TO REGISTER:** *Per-Registration for Sara's Strikes for Seizures is required. Please visit [www.itsnotwhoiam.com](http://www.itsnotwhoiam.com) to complete your registration from. Teams must be paid in full to be considered registered.*

Sponsored by:

**The It's Not Who I Am Epilepsy Fund**

*I will not let my epilepsy define me!*

A fund of the Community Foundation of the Hudson Valley



# Sara's Strikes For Seizures

**OUR HOST**  
**Hoebowl Bowling Center**  
 1677 Route 9, Wappingers Falls, New York

Enjoy an afternoon of bowling as we all sponsor the 'It's Not Who I Am—Epilepsy Fund' and raise awareness and donations to support educational services throughout the Hudson Valley.



**Saturday, November 19, 2011**  
 Check In Begins At 10:30 a.m.  
 The Pins Start To Fall At 11am  
 \$25/PERSON - 4 or 5 PERSON TEAMS  
 INCLUDES 2 GAMES, SHOE RENTAL, AND A  
 SLICE OF PIZZA OR A HOT DOG  
 AND A SOFT DRINK

Team Contact: \_\_\_\_\_  
 Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_  
 Team Member: \_\_\_\_\_  
 Team Member: \_\_\_\_\_  
 Team Member: \_\_\_\_\_  
 Team Member: \_\_\_\_\_

**Lane Sponsorship:** Please consider sponsoring a lane for "Sara's Strikes for Seizures". Your personal message or company logo will be displayed at one of our lanes for the day. Lane Sponsorship includes a sign posted at a lane for everyone to see, and we will display your promotional material at the check-in table for distribution.

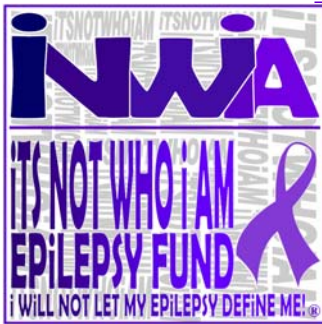
Lane Sponsorship Message: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Decorate the Pin Contest (Team Activity):** Reserve your Bowling Pin for an additional \$10.00 donation. Your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – *Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination.* Trophies will be awarded to the top THREE designs at 12:45pm!

Mail registration And payment to: The Community Foundation P.O. Box 3045 Kingston, NY 12402-3046	No. of Bowlers:	_____	at \$25.00 each	_____	Total
	Lane Sponsorship:	Yes No	Lane(s) at 100.00 each	_____	Total
	Pin Contest:	Yes No	\$10.00 each	_____	Total
				_____	Grand Total

This registration form is for CHECK payment only, checks should be made out to:  
 The Community Foundation of the Hudson Valley (Note: Its Not Who I Am Epilepsy Fund in the memo field).  
 To register using a credit card please visit [www.itsnotwhoiam.com](http://www.itsnotwhoiam.com) and click on the 'Strikes for Seizures' tab.

Questions? Please contact Sara-Elizabeth at [sara-elizabeth@itsnotwhoiam.com](mailto:sara-elizabeth@itsnotwhoiam.com)



SARA-ELIZABETH@ITSNOTWHOIAM.COM

# It's Not Who I Am

## THE IT'S NOT WHO I AM ADVISORY COUNCIL

Chairwoman: Sara-Elizabeth Clark

Ann Marie Bezuyen  
Robert Bomba  
Shawn Clark  
Tanya Yuro-Clark

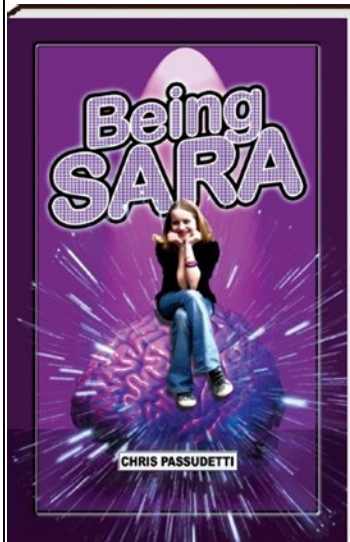
## Our Mission

"It's Not who I Am" promotes the idea and belief that nothing is impossible and we should not let our epilepsy define us as an individual.

We ask that no one judge a person wrongly because they have epilepsy or anything else that makes them different, but to embrace them as we can possibly learn something new, innovative and exciting from them and their personal experiences.

## Order your own copy of **Being Sara**

Visit The Epilepsy Foundations Website Store at:  
<http://shop.epilepsyfoundation.org/store/p/862-Being-Sara.aspx>  
to purchase your copy of "Being Sara"!



To Order by phone, call  
1-866-330-2718 (24 hours a day)

### Product Details

Author: Chris Passudetti  
Cover Type: Paperback  
Pages: 71  
Publish Date: 8/1/2009  
ISBN: 1-934713-90-2

### Product Description

Growing up, Sara Elizabeth Clark struggled with a serious brain disorder that made even the simplest activities extremely difficult.

Now a healthy teenager, Sara hasn't mastered the art of predicting the future, but she has done some pretty incredible things. Whether starring in a local play, appearing in a commercial or even auditioning for a Hollywood movie, Sara is well on her way to making her red carpet dreams come true. But what she's accomplished as an epilepsy activist is probably the most amazing thing about Sara. She is one teenager who knows exactly who she is and plans on making a difference simply 'Being Sara'.

Would you like to make a donation to the It's Not Who I Am—Epilepsy Fund?

Yes, I would like to make a donation to the It's Not Who I am—Epilepsy Fund in the amount of:

\$25.00     \$50.00     \$100.00     \$250.00     \$500.00     Other \$ \_\_\_\_\_

Name \_\_\_\_\_ Card# \_\_\_\_\_ Amount \_\_\_\_\_

Card Type:  VISA     MASTER CARD    Exp Date \_\_\_\_\_    3 Digit Control Number \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Signature \_\_\_\_\_

Please make check payable to: The Community Foundation of the Hudson Valley—The It's Not Who I Am Epilepsy Fund.

Check and this form should be mailed to: The Community Foundation of the Hudson Valley, P.O. Box 3046, Kingston, NY 12402-3046

Or on-line at: [www.cfdcn.org](http://www.cfdcn.org)