

It's Not Who I Am

www.itsnotwhoiam.com

November 30, 2011

Vol. 6 ISSUE 14

Sara's Strikes for Seizures

On November 19, 2011 Supporters and bowlers alike came out to support Epilepsy Educational Services throughout the Hudson Valley region. Some supporters came from as far away as Colorado!

Many different people were at the event, including award winning author K.L. Going and family, who came to support the cause! Her husband's aunt is an epileptic, so

they came to bowl to support her!

Registration and lane assignments took place and, before long, the games were under way. Bowlers from beginners to what looked like Pros had an amazing



afternoon of fun and laughter.

While some bowled, others partook in the decorate the pin contest. First place went to Nick Platoni, second to Elizabeth Warg and third to the team of Layla and Rafael Yuro.

Sara's Strikes for Seizure was definitely a success, and I hope to see even more people at next years bowl-a-thon!

National Epilepsy Awareness Month

While National Epilepsy Awareness Month may be drawing to a close, epilepsy awareness needs to continue to be a priority throughout the whole year.

Together we need to continue to dispel all of the common myths about this disorder, promote public awareness and understanding, inform people with seizure disorders (as well as their families) about services and informational resources available locally and nationally. We need to continue to educate the public about the symptoms of epilepsy and seizure disorders to help eliminate the stigma that is unjustly associated with this condition.

Please continue to support awareness by being "Seizure Smart". Epilepsy, also known as a seizure disorder, is a medical condition that produces seizures affecting a variety of mental and physical functions. When a person has two or more unprovoked seizures, they are considered to have epilepsy. This disorder is not contagious, and those who have it are no different then those who don't have epilepsy. Just remember that epilepsy is what you have, **not** who you are, so don't let it define you if you are in fact an epileptic!



Q: Do you love someone with Epilepsy?

A: Epilepsy affects over 3 million Americans of all ages—more than multiple sclerosis, cerebral palsy, muscular dystrophy and Parkinson's disease combined. Almost 500 new cases of epilepsy are diagnosed every day and 50,000 Americans die from seizures every year in the U.S.

Quote of the Month: "Our greatest glory was not in never falling, but in rising when we fell." – Vince Lombardi

Supporters of Sara's Strikes for Seizures 2011



Sponsors

Chelsea Hutchison Foundation
 Cumulus Media
 Highland Rotary
 Hoebowl Bowling Center
 Kohl's Department Store

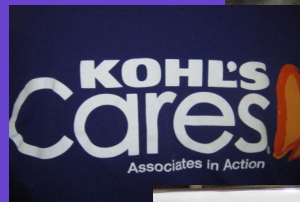


Shawn Clark
 Tom Conger
 Kelly Going
 Lori Foster
 Anita Hoyt
 Anthony Hoyt
 Bryan Hoyt
 Kohl's A-Team



Bowling Committee

Ann Marie Bezuyen
 Bob Bomba
 C. Joe Clark
 Machele Clark
 Sara-Elizabeth Clark
 Shawn Clark
 Tanya Yuro-Clark



John Kokas
 Harly Konner
 Tom Kroemer
 Wilma Kroemer
 Jennifer Montallo
 DiDi Platoni
 Nick Platoni
 Tony Platoni
 Anna Rubinstein
 Mark Rubinstein
 Meredith Rubinstein
 Sam Rubinstein
 Joe Serrecchio
 Sammy Serrecchio
 Elizabeth Warg
 Michelle Warg
 Adam Yuro
 Layla Yuro
 Rafael Yuro
 Tanya Yuro-Clark



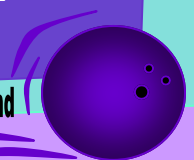
Bowlers & Donors

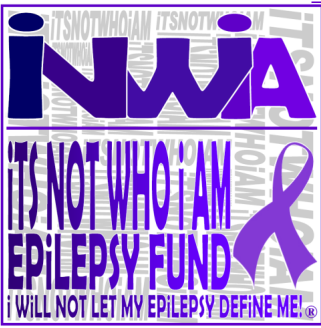
Ashton Adams
 Dustin Adams
 Micky Adams
 Elizabeth Bamba
 Bob Bomba
 Chi Omega, Epsilon
 Kappa Chapter
 Bonnie Clark
 C. Joe Clark
 Machele Clark
 Sara-Elizabeth Clark



Sponsored by:
The It's Not Who I Am Epilepsy Fund
I will not let my epilepsy define me!

A fund of the Community Foundation of the Hudson Valley





SARA-ELIZABETH@ITSNOTWHOIAM.COM

It's Not Who I Am

THE IT'S NOT WHO I AM ADVISORY COUNCIL

Chairwoman: Sara-Elizabeth Clark

Ann Marie Bezuyen
Robert Bomba
Shawn Clark
Tanya Yuro-Clark

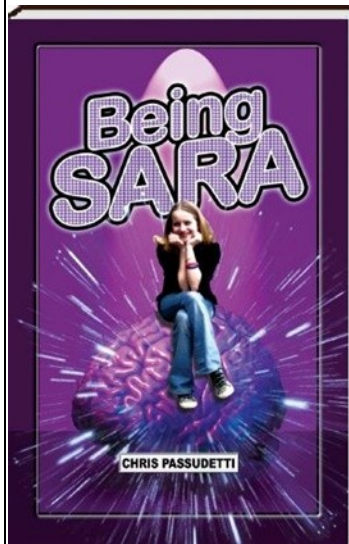
Our Mission

"It's Not who I Am" promotes the idea and belief that nothing is impossible and we should not let our epilepsy define us as an individual.

We ask that no one judge a person wrongly because they have epilepsy or anything else that makes them different, but to embrace them as we can possibly learn something new, innovative and exciting from them and their personal experiences.

Order your own copy of Being Sara

Visit The Epilepsy Foundations Website Store at:
<http://shop.epilepsyfoundation.org/store/p/862-Being-Sara.aspx>
to purchase your copy of "Being Sara"!



To Order by phone, call
1-866-330-2718 (24 hours a day)

Product Details

Author: Chris Passudetti
Cover Type: Paperback
Pages: 71
Publish Date: 8/1/2009
ISBN: 1-934713-90-2

Product Description

Growing up, Sara Elizabeth Clark struggled with a serious brain disorder that made even the simplest activities extremely difficult.

Now a healthy teenager, Sara hasn't mastered the art of predicting the future, but she has done some pretty incredible things. Whether starring in a local play, appearing in a commercial or even auditioning for a Hollywood movie, Sara is well on her way to making her red carpet dreams come true. But what she's accomplished as an epilepsy activist is probably the most amazing thing about Sara. She is one teenager who knows exactly who she is and plans on making a difference simply 'Being Sara'.

Would you like to make a donation to the It's Not Who I Am—Epilepsy Fund?

Yes, I would like to make a donation to the It's Not Who I am—Epilepsy Fund in the amount of:

\$25.00 \$50.00 \$100.00 \$250.00 \$500.00 Other \$ _____

Name _____ Card# _____ Amount _____

Card Type: VISA MASTER CARD Exp Date _____ 3 Digit Control Number _____

Mailing Address _____ City _____ State _____

Signature _____

Please make check payable to: The Community Foundation of the Hudson Valley—The It's Not Who I Am Epilepsy Fund.

Check and this form should be mailed to: The Community Foundation of the Hudson Valley, P.O. Box 3046, Kingston, NY 12402-3046

Or on-line at: www.cfdcn.org