



Hello everyone,

I know I just sent my monthly update to everyone just a few days ago, but I needed to correct one thing in the January 31, 2009 update and share other very important things with you.

Date Correction:

Sara's 4th Annual Walk for Epilepsy is going to be held on **Saturday, May 2, 2009 from 12:00 p.m. to 2:00 p.m.** at SUNY New Paltz. All proceeds for this event will benefit individuals with epilepsy served by the Epilepsy Foundation of Northeastern New York.

New This Year:

I am very excited to tell everyone that this year we have added two very exciting things to this year's event.

One, we are holding **Sara's Walk Kick-off Breakfast** on **Saturday, April 25 from 8 a.m. to 10 a.m.** at **Applebee's Restaurant**, located at 1171 Ulster Avenue, Kingston, New York, 12401. Tickets are \$5.00 per person and 80% of the proceeds will be donated to **Sara's Walk**. Your \$5.00 ticket will entitle you to three pancakes, two pieces of bacon (second's are available) and unlimited orange juice and/or coffee. Tickets must be purchased in advance. You may purchase your tickets by contacting me directly, or you may contact the **Epilepsy Foundation of Northeastern New York** satellite office in Highland, New York at (845) 883-6320 and leave your contact information and we will contact you regarding your tickets. Tickets are limited to the first 300 people. So be sure to reserve yours today!

And two, in addition to Sara's Walk on Saturday, May 2nd, from 12:00 p.m. to 2:00 p.m., we are proud to introduce **Sara's 5K Sprint!** While walkers enjoy a leisurely two mile stroll around the picturesque SUNY New Paltz Campus, runners will be enjoying a 5K (3.1 mile) race also on SUNY's beautiful campus! Both events will begin at the same location and to alleviate any congestion, each group will be walking or running on different routes. **All runners are asked to please preregister at www.itsnotwhoiam.com** (available soon).

Coming Soon:

You will soon be able to download sponsor forms for Sara's Walk and Runner Registration forms for Sara's 5K Sprint on www.itsnotwhoiam.com. Also you will soon be able to make on-line donations to Sara's Walk from my web page.

