



It's Not Who I Am

www.itsnotwhoiam.com

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Vol. 6 ISSUE 10

Tumor Related Seizures

While seizures are most frequently associated with Epilepsy, they can also be the result of another very serious medical issue called Brain Tumors.

What actually causes a brain tumor has seldom been explained by doctors. However, age, gender, family genetics, and radiation exposure are what have been considered leading factors to one.

The symptoms for a brain tumor vary depending on the size and the type of tumor and where it's located in the brain. But usually the first signs that someone has one begins with extreme

headaches and/or convulsions that are very similar to seizures experienced by epileptics.

Usually, when a person starts to have seizures, people will start to look into the possibility of it being a seizure disorder. But that is not always the case. Oftentimes, a seizure is caused by some form of brain swelling, or even by a severe illness. But, the reason the tumor causes a seizure is due to increased intracranial pressure caused by swelling of the brain.

So, why am I even going into this? Someone I know was diagnosed with a rather inoperable brain tumor several years ago. Besides causing her severe

headaches and body aches, this tumor has been recently causing her to go into full out tonic-clonic seizures.

Those with tumor related seizures need to be under continuous care, which could include surgery, medication, radiation therapy, or even chemotherapy. It's also important that the loved ones of people living with brain tumors be supportive and helpful to them.

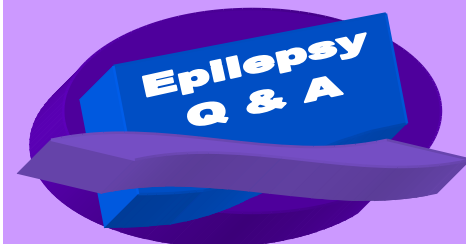
Brain tumors are not too dissimilar to epilepsy, and like epilepsy, research and understanding must be found to help those with it.

HUDSON VALLEY RIBFEST

On August 20th and 21st; I, along with my mother, father, sisters, and family friends Johnny and Loretta, volunteered a total of 50 hours at the Highland Rotary's 7th Annual Hudson Valley Ribfest at the Ulster County Fair Grounds. As volunteers, the money that was raised at the entrance was divided between the volunteer's charities.

Since we put in 50 hours of time, the Highland Rotary is donating our share of the hours worked to my charity, The It's Not Who I Am Epilepsy Fund.

If you are in the area next summer for The Hudson Valley Ribfest, I highly recommend attending.



Q: Which doctors treat epilepsy?

A: Neurologists, pediatric neurologists, pediatricians, neurosurgeons, internists and family physicians all provide treatment for epilepsy. Specialized care for people whose seizures are difficult to control is available in large medical centers, neurological clinics at university and other hospitals, and from neurological specialists in private practice.

Quote of the Month: "In order to succeed, we must first believe that we can." – Michael Korda

Sara's Strikes For Seizures



Please join us for our **NEWEST** event on Saturday, November, 19, 2011—**SARA'S STRIKES FOR SEIZURES!** Lane Assignments begin at 10:30a.m. and the pins start to fall at 11:00a.m. Our Host is Hoebowl Bowling Center, 1677 Route 8, Wappinger Falls, New York.

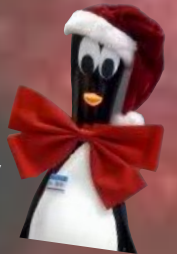
Enjoy an afternoon of bowling as we all sponsor the “**It’s Not Who I Am – Epilepsy Fund**” and raise awareness and donations to support educational services throughout the Hudson Valley.

BOWLING: We have room for 36 teams consisting of four or five bowlers each. Your \$25.00 per person donation includes: **TWO GAMES, SHOE RENTAL, AND A SLICE OF PIZZA OR A HOT DOG AND A SOFT DRINK.** (Tax deductible portion, \$15.00 for each bowler)

SPONSORSHIP: Please consider sponsoring a lane for “Sara's Strikes for Seizures”. Your personal message or company name, address and /or phone number will be displayed. Lane sponsorship includes a sign posted at a lane for everyone to see and you may bring your promotional material which can be displayed at the check-in table for distribution. Each

Sponsorship Sign is a \$100.00 Donation. (Tax deductible portion, \$100.00 for each sign)

DECORATE THE PIN CONTEST (TEAM ACTIVITY): Reserve your Bowling Pin today! For an additional \$10.00 donation, your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – you supply the imagination! Trophies will be awarded to the top **THREE** designs at 12:45pm! Pin Decorating Suggestion: We will supply the markers, but you are not limited to this. Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination. (Tax deductible portion, \$5.00 each)



PRE-REGISTRATION IS REQUIRED: To register by Check please complete the form on the next page and mail it back with payment as noted on the registration form. To register by Credit Card please visit my webpage and click on the “Strikes for Seizures” link on the left hand side of the page and then click on the link at the bottom of the page to register by credit card on the Community Foundation of the Hudson Valley’s secure website.

SILENT AUCTION: Be sure to check out and place your bids at our silent auction—which is filled with fabulous items that have been donated to help support the “It’s Not Who I Am—Epilepsy Fund”. Photos of upcoming auction items will soon be available on the website.



We are happy to report that funds raised at Sara’s 6th Annual Walk For Epilepsy for the It’s Not Who I Am—Epilepsy Fund are being distributed throughout the epilepsy community. Donations have already been sent to the Epilepsy Foundation of Northeastern New York - to support educational services and to the National Epilepsy Foundation - to support research for the treatment and eventual cure of epilepsy. As funds continue to be distrib-

uted we will tell you about it right here. Thank you for everyone's support and we look forward to assisting more programs that support those with epilepsy.

Sara's Strikes For Seizures

OUR HOST
Hoebowl Bowling Center
 1677 Route 9, Wappingers Falls, New York

Enjoy an afternoon of bowling as we all sponsor the 'It's Not Who I Am—Epilepsy Fund' and raise awareness and donations to support educational services throughout the Hudson Valley.



Saturday, November 19, 2011
 Check In Begins At 10:30 a.m.
 The Pins Start To Fall At 11am
 \$25/PERSON - 4 or 5 PERSON TEAMS
 INCLUDES 2 GAMES, SHOE RENTAL, AND A
 SLICE OF PIZZA OR A HOT DOG
 AND A SOFT DRINK

Team Contact: _____
 Address: _____

Phone Number: _____
 Email Address: _____
 Team Name: _____

Team Captain: _____
 Team Member: _____
 Team Member: _____
 Team Member: _____
 Team Member: _____

Lane Sponsorship: Please consider sponsoring a lane for "Sara's Strikes for Seizures". Your personal message or company logo will be displayed at one of our lanes for the day. Lane Sponsorship includes a sign posted at a lane for everyone to see, and we will display your promotional material at the check-in table for distribution.

Lane Sponsorship Message: _____

Decorate the Pin Contest (Team Activity): Reserve your Bowling Pin for an additional \$10.00 donation. Your team will receive a Bowling Pin ready to be decorated by your talented team of bowlers/artists. We will supply the markers – *Bring your own supplies to add to your pin for a totally unique pin. You are only limited by your imagination.* Trophies will be awarded to the top THREE designs at 12:45pm!

Mail registration And payment to: The Community Foundation P.O. Box 3045 Kingston, NY 12402-3046	No. of Bowlers:	_____	at \$25.00 each	_____	Total
	Lane Sponsorship:	Yes No	Lane(s) at 100.00 each	_____	Total
	Pin Contest:	Yes No	\$10.00 each	_____	Total
				_____	Grand Total

This registration form is for CHECK payment only, checks should be made out to:
 The Community Foundation of the Hudson Valley (Note: Its Not Who I Am Epilepsy Fund in the memo field).
 To register using a credit card please visit www.itsnotwhoiam.com and click on the 'Strikes for Seizures' tab.

Questions? Please contact Sara-Elizabeth at sara-elizabeth@itsnotwhoiam.com



It's Not Who I Am

THE IT'S NOT WHO I AM ADVISORY COUNCIL

Chairwoman: Sara-Elizabeth Clark

Ann Marie Bezuyen
Robert Bomba
Shawn Clark
Tanya Yuro-Clark

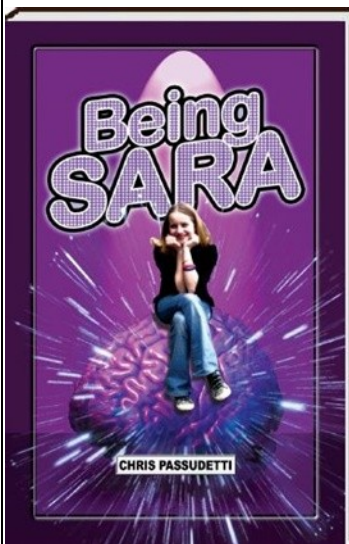
Our Mission

"It's Not who I Am" promotes the idea and belief that nothing is impossible and I will not let my epilepsy define me as a person.

I ask that no one judge a person wrongly because they have epilepsy or anything else that makes them different, but to embrace them as we can learn something new from them and their personal experiences.

Order your own copy of Being Sara

Visit The Epilepsy Foundations Website Store at:
<http://shop.epilepsyfoundation.org/store/p/862-Being-Sara.aspx>
to purchase your copy of "Being Sara"!



Product Details

Author: Chris Passudetti
Cover Type: Paperback
Pages: 71
Publish Date: 8/1/2009
ISBN: 1-934713-90-2

Product Description

Growing up, Sara Elizabeth Clark struggled with a serious brain disorder that made even the simplest activities extremely difficult.

Now a healthy teenager, Sara hasn't mastered the art of predicting the future, but she has done some pretty incredible things. Whether starring in a local play, appearing in a commercial or even auditioning for a Hollywood movie, Sara is well on her way to making her red carpet dreams come true. But what she's accomplished as an epilepsy activist is probably the most amazing thing about Sara. She is one teenager who knows exactly who she is and plans on making a difference simply 'Being Sara'.

To Order by phone, call
1-866-330-2718 (24 hours a day)

Would you like to make a donation to the It's Not Who I Am—Epilepsy Fund?

Yes, I would like to make a donation to the It's Not Who I am—Epilepsy Fund in the amount of:

\$25.00 \$50.00 \$100.00 \$250.00 \$500.00 Other \$ _____

Name _____ Card# _____ Amount _____

Card Type: VISA MASTER CARD Exp Date _____ 3 Digit Control Number _____

Mailing Address _____ City _____ State _____

Signature _____

Please make check payable to: The Community Foundation of the Hudson Valley—The It's Not Who I Am Epilepsy Fund.

Check and this form should be mailed to: The Community Foundation of the Hudson Valley, P.O. Box 3046, Kingston, NY 12402-3046

Or on-line at: www.cfdcn.org