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ISSUE

www.itsnotwhoiam.com



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It's Not Who I Am

The Magazine of the Epilepsy Foundation epilepsyUSA 2009 ISSUE 4

In the NEW Back to School issue of the epilepsyUSA Magazine, I am the feature writer for their 'In My Own Words' Column.

I was honored when I was asked by the National Epilepsy Foundation to write this piece, in which I discuss why those of us with epilepsy should be proud, not embarrassed, for being considered different just because we have a seizure disorder.

We should all be proud to be called different, I know I am. We can all hold our heads high & talk about it, there is nothing

to be embarrassed or ashamed of.

My article tells of how being different is a good thing & that everyone should be more than happy to be considered different. To me, being called different is a compliment.

To read the entire article please visit the National Epilepsy Foundation's website www.epilepsyfoundation.org. Once on their home page click on the link to the epilepsyUSA Magazine. The icon is on the right of the screen. I also have a link on my home page that will take you to this issue.

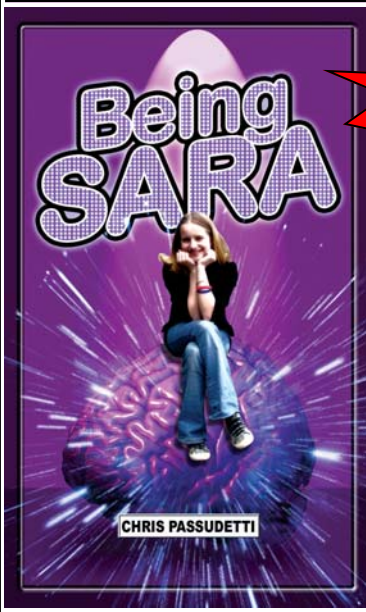
HIGHLAND ROTARY CLUB 5TH ANNUAL HUDSON VALLEY RIBFEST

On August 14,15, and 16; I, along with my mom, dad and family friend Loretta, volunteered a total of 44 hours at the Highland Rotary's 5th Annual Hudson Valley Ribfest. As volunteers, the money that was raised at the entrance was divided between the volunteer's charities.

As we put in 44 hours of time. The Highland Rotary is donating our share of the hours worked to my charity, The Epilepsy Foundation of Northeastern New York. EFNENY will be receiving a check for this shortly.

If you are in the area next summer for The Ribfest, I highly recommend attending.

YOU CAN NOW HAVE YOUR OWN COPY OF 'BEING SARA'



READ ALL ABOUT IT!

Big news! Now available for purchase is the one and only biography called Being Sara.

You can acquire the book at your local bookstore or by asking them to order it if they do not already have it in stock. Being Sara is also available for purchase on several websites.

People have already started receiving their own personal copies, and I've already gotten several comments and reviews about it, all of course have been very positive!

Also, I've received several

emails and phone calls telling me what they thought about the biography.

Those who know me well; say Chris Passudetti did a fantastic job of telling my story and did an excellent job of describing what epilepsy is. I would love to hear your own thoughts about 'Being Sara'.

Where to get your copy of 'Being Sara':

www.amazon.com

www.Scobre.com

www.epliepsyfoundation.com

www.itsnotwhoiam.com

Epilepsy Q & A—

Q: What should I consider if there has been only a single seizure?

A: When a child or adult has never had a seizure before, the first seizure is usually followed by a careful medical evaluation to help the doctor decide whether to recommend treatment with seizure-preventing drugs, or to wait and see whether it occurs again. The most important factor in deciding whether to begin drug treatment for a single seizure is the probability of further seizures. Physicians use both diagnostic tests and careful evaluation of the seizure itself to determine how likely it is that the patient may have more seizures in the future. Age, family history, and possible causes of the seizure are among the factors that are considered. Non-medical issues, such as loss of driver's license or worries about impact on employment, may also enter into the decision. In many cases, the doctor will recommend waiting to see if another seizure occurs before beginning treatment.